

Talking Leaves: Volume 5, Issue 2

Summer Solstice 2016

Welcome to Yggdrasil

Yggdrasil is a collaborative venture of a small circle of co-creative friends – the culmination of our life experiences; our work as healers, teachers and writers; our soul journeys; our dreams and our quests in nature. We envision Yggdrasil to be a mystery school for visionary contrarians and a forest retreat for souls seeking to reinvent themselves, housed within a self-sustaining eco-village community. We are now in the formative stages of this project, working together to refine and elaborate our vision, and root it in fertile soil.

This newsletter is one way for us to stay in touch with our extended family of friends and supporters. Please feel free to share this issue of Talking Leaves with anyone who feel might be interested in what we are doing. You can also learn more about Yggdrasil through our website at yggdrasilretreat.com, and/or keep track of us on our Facebook page at www.facebook.com/yggdrasilretreat.



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A Brief History of the Talking Council



After returning from my vision quest in October 2011 – the experience in which the vision for Yggdrasil was born – I spent some time feeling my way into what it would mean for me personally to attempt to work co-creatively with others, instead of by myself. Although I had previously experienced cooperating with others on various projects I had undertaken – personal, professional, and political – most of these experiences ended badly, or at best, with mixed results. At some point in my own process, I had decided that going solo was a choice necessary for my sanity. So, to this point – prior to my quest – this was how I had mostly chosen to pursue my creative passion – as an astrologer, an author, and a teacher.

Syncing With My Partner

Yet, here I was, fresh from a deeply transformative experience in which it had become clear to me that my next step was to move out of this solitary comfort zone back into the realm of co-creative collaboration. It was a conundrum – one underscored by the fact that I was, at the time, in relationship to a woman I loved dearly, but whose own sense of what she wanted to do with her creative passion was out of sync with mine. My freshly minted vision of a mystery school retreat center was on a much larger scale, much more ambitious, and far more demanding than her own penchant for simplicity and a slower pace would allow her to easily entertain.

Through the late fall and winter, we hammered out our differences – at least to the point where we could both feel good about attaching our names to a revised – and revised again – vision statement. The result was a far better vision – less personal, more open-ended and accessible, more tangible even though it had lost none of its scope. There was more room within the vision for Sara to do the aquatic bodywork that she loved, and to see herself participating. Although I struggled with letting go of my solitary ownership of the vision, in the end, I honestly felt that nearly all her suggestions were good ones, and all but one or two were incorporated. Through this process – the first of several challenges to the co-creative nature of the vision – Sara became the

bona fide Co-Founder of Yggdrasil. And even though she has since moved on to take a job in India in the spring of 2014 – her essence continues to permeate and inform the unfolding of the vision.



My most profound experiences of healing resonance came through receiving and giving aquatic bodywork. A friend says: 'Water is to the body as dreams are to the soul'. I find this to be true. In the last 20 years, as bodyworker, eclectic movement teacher, spa manager and private retreat owner, I have gained a broad range of experience in providing therapeutic services. I love creating beautiful and peaceful settings, facilitating safe yet transformative experiences, and enabling clear and harmonious interactions. With degrees in botany and genetics, my early career was in scientific publishing. But I'm a gypsy poet at heart and believe that our human problems will be resolved not by science but by the creative expressions of soulful immersion in and respect for the natural

world. I prefer a life-style of simplicity and sufficiency immersed in nature. Born in England, I have lived in and visited many places, including Africa, the South Pacific, Brazil and Israel. During the formative stages of Yggdrasil, I lived with Founder Joe Landwehr and our cat Marigold in an Ozarks forest with a clear river running through it, where caring for the land became my passion. In 2014, I left Ozark forest life to return to my work in the water for a while. Luckily I found another forest retreat in the Himalayan region of India, from where I will continue to stay connected with Yggdrasil.

Getting Started

In February of 2012, Sara and I got together with four additional friends for our first Talking Council meeting. Kate Riley – a friend and colleague of Sara's with experience in somatic bodywork – stayed with us for a couple of Talking Councils before deciding that her vision and ours were not really a good fit.



My best friend in high school, with whom I had just reconnected on Facebook – Brooke Halpin – was also at this first meeting, and stayed with us through the end of 2013. Brooke is a highly creative musician, composer, artist, author, radio personality, and all-round Renaissance man with well-developed entrepreneurial business skills – a rare combination – who did his best to counterbalance the more otherworldly temperaments of the rest of us with practical considerations. Brooke, Sara and I worked together to transmute our vision statement into a rudimentary business plan, which awaits a location to complete. In the

meantime, his efforts to ground us, and his willingness to hang in there with people who challenged him to broaden his worldview - were much appreciated.

I like to describe myself as a "whole-brainer," with extensive experience in both business and the arts. I am an accomplished composer, musician, painter, author, and poet, as well as a businessman, producer, and public relations executive. I have produced television shows, and composed music for television and film, including

the 1985 Academy Award winning film Molly's Pilgrim. Profoundly influenced by the Beatles growing up in the 60s, I recently published a book about the Beatles and an app based on the book. In 2005, I set up a non-profit called the Strawberry Arts Foundation to given children greater access to music and the arts. Joe and I grew up together, and recently became reconnected, while he was writing his vision statement. He sent me a copy at a time when I was struggling with my own awareness of just how broken this world can be. Shortly after, I had a powerful dream that suggested I was meant to be part of this exciting project.

Also present at our first Talking Council was another friend – Jack Hebrank – whom I had met at a ceremonial gathering in the New Mexico desert – called The Long Dance – in the late 1980s. Like Brooke, Jack is a rare amalgam of practical skills and soulful curiosity, which has taken him all over the map – from an early interest in parapsychology, to high desert ceremony, to professional dance, to astrology (Jack studied with me for a while in the 1990s) to shamanic studies. Currently, Jack serves as a teacher of Core Shamanism in the Harner School with his wife Marsha. Jack also shares an interest in dance and movement with Sara, and through that interest helped move Yggdrasil toward incorporating more movement exercises into its workshops. Jack remained with us until the fall of 2015, when he left to pursue his current involvement in the Foundation for Shamanic Studies.



I work as an engineer, inventing things involving biology. I taught mechanical engineering at the college level for 20 years, and as a consultant, have worked with several small startups. Some of my happiest times were spent about 20 years ago, helping to start the child-centered middle school where my kids went when they were young. At the school, I ran a Capstone Design Program, teaching kids to build things. In my spare time, I dance, having started learning Limon style at age 49. I love Limon's gestures of the grandness and majesty of the human life. For the past 20 years, I've attended an annual gathering called the Long Dance in the New Mexico desert, where I participate in a ceremonial dance around a central drum. It is at this dance that I first connected with Joe. I've also enjoyed doing

contact improv, whenever the opportunity arises. I began working as an unpaid apprentice healer about five years ago and have done several Harner shamanism courses.

Last but not least, our first Talking Council was completed by a mutual friend of Sara and I – Nia Kallhof. Nia lived down the road from us in a women's spiritual retreat center – Hearthaven – where Yggdrasil has subsequently done a number of workshops. To the Council Nia brings a dedicated but playful approach to spiritual growth, grounded in years of meditation practice, shamanic studies, and skill as a crystal healer. Nia has been instrumental in the development of our workshops, currently co-facilitating both the Sacred Balance and Tracking the Soul workshops with me. It was also her idea to begin the Yggdrasil Mentorship Program, has been involved since the beginning in its development, and she currently serves as one of our premier mentors. Nia and her partner – Bruce Durward (also on the Council – see below) – are quite interested in helping Yggdrasil find its place in the world during the next phase of our development. Yggdrasil would not be what it is now without Nia's dedicated, visionary participation.



During my college years in Santa Cruz, CA I discovered I was very drawn to the mystical and transcendent, a major turning point since I was raised in an agnostic non-religious family. In 1971 I began a meditation and yoga practice, which is still a major focus of my life 40 years later. I also began a lifelong fascination with the sacred practices and sites from cultures across our planet. I spent many years embodying the roles of wife, mother and schoolteacher and learned a great deal about unconditional love and surrender. 2003 was another major turning point as I released those roles to move to Hearthaven, a small spiritual community and women's retreat site in the Missouri Ozarks dedicated to the Divine Mother. Now, with plenty of time to study, connect with nature

and simply BE, I began the process of rediscovering myself as elder, healer, and spiritual guide. Two very important steps for me have been becoming a spiritual mother minister and a crystal resonance therapist because both give me a specific channel to receive and share divine love. I've also had time for spiritual adventures across our continent and in Mexico, Peru and Egypt.

At our second Talking Council meeting, the six of us were joined by long time friend, John Staniloiu. John is one of those people who lights up the room with his enthusiasm – which he has put to good use in a variety of settings as a motivational speaker, the director of an alternate school for troubled youth, and a volunteer counselor with survivors of genocide in Rwanda. John has also brought his enthusiasm to the Council, along with Nia, Sara and I, helping to create our workshops, and the Mentorship Program in which he currently participates. In 2015, John also initiated the idea of gathering annually in person as a Council – a powerful bonding experience that is quickly becoming an essential rite of renewal for our co-creative vitality.



For the past 40 years, I have been an educator, committed to alternative education, civic and human rights, world hunger, alternatives to human incarceration, and various environmental issues. I have university degrees in education, counseling, and administration, and have worked as a counselor, school principal, and consultant. My greatest learning experiences have been in the inner cities and ghettos of urban centers, the hills of Appalachia, the barrios of Mexico, the prison cells of state-run facilities, and service ventures in Rwanda and northern Uganda, Africa. In the 1980s, I created and ran an alternative school for teenagers on 800 pristine acres of land in southern Missouri, where I presently reside in a community committed to sharing resources and developing self-sustainability. I have been trained as a leader of Native American sweat lodges

and vision quests, and have spent hundred of hours in self-development courses. My intention for the rest of my life is to create peace, harmony, joy, laughter, and empowerment wherever my journey takes me.

Laying the Foundation

For the next couple of years, the focus of the Talking Council was on developing workshop ideas into viable personal growth experiences that would change the lives of those who participated. The obvious first choice was a workshop I had already taught called <u>Tracking the Soul</u>, based on my second book of the same name. Tracking the Soul was based on an integration of astrology

and the chakra system, and in the early days, was quite cerebral – primarily useful to those wanted a deeper, more insightful knowledge of their own birthcharts and correspondent issues. Through collaboration with Sara, Nia, and John over a period of time, the workshop became more experiential and more effectively tuned to meet the needs of each individual participant within a group process, while balancing head with heart, and understanding with feeling and body awareness.

Our second workshop – Returning the Inner Masculine and Feminine to Sacred Balance – grew out of a suggestion made by Nia – who had spent many years working with women to help them cultivate a deeper relationship to their spirituality, and wondered what would happen if she brought men into the mix. This idea proved to be a more demanding challenge for the Talking Council – particularly the four of us – since it invariably brought up all of our personal issues around gender imbalance, and in addition, triggered some underlying interpersonal issues between us that had emerged from our co-creative work together. Simply coming to an agreement about what was "masculine" and what was "feminine" opened a deep discussion in which our pet perspectives were challenged and changed. To this day, I am proud that we all hung in there through these challenges, and emerged from the process with a workshop that others have found both great fun and profoundly transformative.

A year into our process, we were joined by Talking Council member Genevieve Vierling – a fellow astrologer I met studying medical astrology in Santa Fe, NM in the 1990s. Although she has remained bound by family obligations and a full-time professional practice to her home in northern California, and has not been as active in our workshop process as she would like to be, Genevieve has brought the wisdom of true elder to the Council. She has also lent her perspective as an astrologer to Yggdrasil, and together in the early days, she, Sara and I worked with Yggdrasil's birthchart to fine-tune our sense of direction and timing about the evolution of the vision. Through her interest and expertise in non-interpretive dreamwork, we were inspired in 2015 to initiate a Dream Council to parallel the work of the Talking Council – an ongoing experiment that has been an intriguing, new learning curve for most of us.



I consider myself a 'Dreamer.' My earliest memories starting at the age of 3 or 4 were of all the hidden, secret realms surrounding me that my conscious waking state mind could not access. In college, I studied education and psychology, originally training to become a school psychologist. But later the intuitive realm opened through a series of personal shock waves and four years of formal study in psychic development in Berkeley in the early '70s. Simultaneously I was introduced to astrology by my husband, and became so intrigued that I devoured every book I could get my hands on, eventually studying with a teacher four blocks from my home in San Francisco. These two great paths of interest and passion have been my journey and core profession

now for 40 years. I have a thriving practice in California, and have taught astrology workshops in France, Italy, and Ireland, as well as the US.

I have also taught many dream workshops and classes, and am presently involved in an on-going group of therapists, who work with the Dream Tending work of Stephen Aizenstat. I am a Flower Essence practitioner, having trained with both the California Flower Essence Society and the Alaskan Flower Essence teachers, Steve Johnson and Jane Bell. And I currently write a blog sharing my knowledge and insights with clients, students and friends at The Blue Light Lady.

In addition to my healing work, I have been a solid householder with a large family that has kept me learning the art of loving unconditionally for more than 40 years. I am blessed to have a true and loyal partner in my husband, Jim, with whom I live on 30 acres of pristine wilderness in the Sierra Nevada Mountains. Together, we have six wonderful creative children and seven grandchildren.

In the summer of 2013, we were joined briefly by Monica Dixon – a young friend of Sara's, who turned out to be the perfect mythopoetic artist to help us develop our stylistic image. Although Monica was only with us for a few months before moving on to the next phase of her meandering soul's journey, she crafted a number of key images, which we incorporated into our emerging website. Over the next six month, I put the website together – along with attendant Facebook page – with helpful coaching by Sara, who at this point, knew she would be leaving.

The Changing of the Guard

With the loss of Brooke, Sara, and Monica – all within a 3-month period at the beginning of 2014 – we, or I should say, I went through a moment of discouragement. Although those that remained on the Council – Nia, Jack, John, and Genevieve – remained enthusiastically dedicated to the cause, I felt like we had lost some creative momentum. I especially took Sara's departure hard, as this had emotional repercussions for me personally, as well as in terms of her invaluable participation in Yggdrasil. But the beat went on, and gradually I adjusted to the new reality.

The adjustment was made easier by the addition of Carmen Tracey – a friend and client of Genevieve's, inspired to join us because of her interest in community and the Nordic mythology surrounding Yggdrasil. Carmen stayed with us for about a year and a half, during which time she lent her keen can-do spirit to the Talking Council and the Dream Council. In addition, Carmen worked with me on the dormant business plan started by Sara, Brooke and I, helping take it to another level of detailed professionalism. Carmen, Nia and I also worked together on an Introduction to Yggdrasil webinar presentation – a project that has since been put on the back burner.

Because of some stylistic differences between Carmen and I, the Talking Council eventually mounted another learning curve, compelling us all to look more deeply into what we felt our commitment to the Council to be, and how we can better make decisions as a group in the future. Since then, Carmen has helped us promote our Mentorship Program on her informative Reiki Answer Lady podcast. Although we all wish our time together had turned out differently, there are no hard feelings, as we all hopefully continue to learn from our experiences.



I am the Owner, Teacher and primary Energy Therapist at Carmen's Holistic Healing in Wauwatosa WI (having since relocated to southern California). I am a Reiki Master Teacher and a Core Shamanic Practitioner. My most profound healing has come through honoring and healing work with my ancestors. It is through healing my wounds that I find my gifts for holding sacred space for my clients to find healing for themselves. My current Shamanic Mentor, Kathleen Rude, has helped me design an energy therapy practice around my background in intention setting practices and my gift for compassionate communication. I believe that by healing ourselves we can help heal the earth for the future ones by re-weaving the tapestry with new healing stories. My personal spiritual

path follows the path of the elders deeply rooted in spiritual ecology and intention setting practices. I have deep personal relationships with many guides and allies in the world of spirit. I have a deep connection to animals and consider communication with nature as fundamental to our spiritual growth as a species. I consider spirituality as fundamental to our health.

In the fall of 2014, we were joined by Steve Hayes – an astrology client of mine, and an accomplished therapist in his own right. Like so many Talking Council members, past and present, Steve brings a passion for his own spiritual growth into his healing work, and continues to explore new frontiers, including in his case, a deepening of his work with spiritual attachment therapy, past life regression therapy and shamanic studies, as well as increasing skill in public speaking. Aside from his participation on the Talking Council and the Dream Council, Steve is developing an exciting therapeutic modality integrating psychotherapy, hypnotherapy, and work with spirit guides – which we intend to develop into a third Yggdrasil workshop (see Talking Leaves 16).



For the last 18 years, I have been a trauma therapist specializing in diagnoses such as Dissociative Identity Disorder and PTSD. I have a Master's Degree in Social Work. I use Attachment Hypnotherapy, which creates internal figures that help my clients feel safe and supported. I use Internal Family Systems Therapy to help them unburden traumatic memories and feel compassion for their parts. You can read more about my work on my website.

My family and extended family are very important to me including: my wife Terry, my three adult children, in-laws, out-laws, nieces, nephews, grand-nieces and nephews, and one very precious granddaughter.

Spiritually, I was raised Catholic, but in my mid-thirties I explored Buddhism, Atheism and other Spiritual practices. They have all been helpful. Catholicism taught me about the flaws in organized religion. Atheism taught me how to come to terms with my own mortality. Buddhism gave me the gift of meditation, which I have practiced for 15 years or so.

In January of 2012, I was in my own therapy to experience IFS from the client's point of view. I went inside to check-in with my parts and a past life appeared. I didn't believe in past lives at the time but it changed

everything. In April of that year I had an incredibly powerful vision of a possible future, what my life might become.

Since then I have been trained by Brian Weiss MD in performing past life regressions. I do a spiritual practice that comes from the Essenes. I realized the attachment figures in Attachment Hypnotherapy are actually the client's guides and angels. I have many guides and angels of my own. My practice is much more focused on spiritual healing and helping my clients to follow their own spiritual path. Every year I get an astrological reading from Joe. These readings have been incredibly helpful in guiding me on this spiritual journey and moving me ever closer to the evolving vision.

A few months later, at the beginning of 2015, another client of mine – Julie Yeaman – climbed on board, after reading an article I had published in The Mountain Astrologer. Also an astrologer, as well as a teacher or yoga and astrology, and a student of shamanism, Julie runs a retreat center in Almonte, Ontario, Canada, where this year's Tracking the Soul workshop will be held. Julie has been instrumental in bringing students into a Tracking the Soul webinar series I have developed in order to work more intensively with other astrologers on a track to the workshop. In addition, Julie is passionate about growing healthy food and involved a community effort to grow organic produce in hoop houses where she lives.



I touched into the inner realms of spirit, as a youngster, during the 3 years that my family lived in the far north in Quebec. The outdoors was magic, but I also dreamed of having a little school, like the one I had seen when a neighbor's door opened to reveal a classroom. Later I learned she was a Waldorf teacher. Nonetheless, a light had gone on.

My soul journey was re-kindled in 1968 while at university, and led me to travel to Europe and Morocco. While living in Paris, I experienced a spontaneous shamanic journey which revealed to me a world that was at once familiar, yet at the same time, entirely new, for I had no shared language around such an experience.

During that same year I found my way to a Sivananda ashram in the Poconos , where I retreated for a year. Yoga, meditation, chanting, sacred texts and astrology, though entirely new at the time, resonated for me. I felt as if I had come home. The difficult part was leaving, which I knew I had to do. I had taken the teachings of the Bhagavad Gita to heart and knew I had karma yoga to do. But how?

My return to Canada led me to education, and I taught many grades in elementary and high school, weaving work in and out with raising a family, continuing my astrology and yoga, by learning, teaching and practicing. Many other spirit trails were followed as well. A house fire in 1997 led to a new path and in late 2000, with my husband Stewart's firm and caring support, I opened SpiritMatters Centre on our 25 acre property, along the northern Mississippi River. Here I continue to teach, and we offer a number of small group retreats a year. The heart of my teaching lies in inspiring people to find their precious daimon within. It is my belief that when we connect to our soul purpose, we will find ourselves, as a collective, living in peace, joy, love and harmony.

The last of our current members to join the Council was Bruce Durward. Bruce had been hearing about Yggdrasil for a while from his partner Nia, and we about him, and in the spring of 2015, he

finally decided to see for himself what all the fuss was about. Since then we have come to appreciate the unusual talents and quiet, but engaging presence of our high priest, Gentle Bear – as he continues to find his way into the mix of personalities on the Council.



My spirit name is Gentle Bear. I was introduced to shamanism about 15 years ago at a Michael Harner's Core Shamanism class, and it was major healing for me. I then opened up to the spirit world, and started talking to devas, angels, ghosts, fairies, dragons, trees, etc.

This was wild, and for a structure to hang all this on I studied Peruvian shamanism with Lee Hilficker of Eau Claire, Wisconsin, completing a medicine wheel apprenticeship. I've also studied with Don Cohaila and Don Jose Higuera of Peru, Ronna Herman of Reno, Nevada and James Tyberon of Texas. I help James Tyberon put on his Earth-Keeper seminars

and sacred site trips. I've also taken Drunvalo Melchezidik's Flower of Life class, and several crystal classes.

My special interests are geomancy especially earth ley lines, power nodes, and releasing old energies in the earth, psychopomp or soul guide work, healing old trauma in the energy body, and removing entities from people's energy bodies. In the last three years I have been blessed with channeling angels and ascended masters, including Quan Yin, Saint Germaine, Archangel Michael, and Lord Sananda (Yeshua). My website about shamanism is Song of Sirius.

I worked for Ashland County, Wisconsin the last 13 years as their IT Manager. Before that I've done computer consulting, computer programming, managing a construction company and carpentry. I retired the end of May 2015.

Making Room for You

Now that you have met the strange but wonderful motley crew we call our Talking Council, perhaps you feel a resonance you would like to explore further. Being on the Council can be challenging at times, but it can also be richly rewarding experience. In the words of Talking Council member, Steve Hayes:

I enjoy being on the Talking Council for many reasons. The mission of the group is to create a spiritual retreat that heals not just the mind and the heart, but the soul of those who come to us for help. We are on this journey together, and are involved in a shared spiritual exploration. What I learn from the other members of the group makes me a better healer. And I enjoy the company of this group of people. We laugh. We share dreams, poems and songs. We confront issues within the group to improve how we function. When I am on Skype with this group, I can feel this energy in the center of my chest. I believe this to be my guides' way of letting me know I am following my spiritual path. I am where I need to be.

Yggdrasil is, of course, but one spiritual endeavor among many, each in their own way, exploring a more benign, more inclusive, more spiritual balanced way of interacting and working together on

this planet. As Co-Founder Sara Firman points out, this is something that we all need to do, and upon which our survival as a species depends. So aside from the satisfaction of participating in a co-creative venture of potential benefit to others, Talking Council members also get to deepen their own growth as they gain practice in the way of the council.

The Talking Council is a powerful form of circle sharing with a clear intent – to bring Yggdrasil from vision into manifestation. I was an active participant for its first two years until my work took me to north India, making continuing impractical. But the principles and personal integrity I learned there stay with me, as does my wish to see Yggdrasil flourish. What I loved especially was the way in which it stretched me to grow individually, while feeding my wish to be part of a collective vision that was truly meaningful to me. Recently, I've been reading about 'dreamers' and 'warriors', householders and artisans, in the old ways of Brittania, which always included 'council'. It reminded me a lot of Native American ways. Now, we need to bring the same subtle skills, challenges and responsibilities to the current state of humanity and the planet. Fundamental to that is taking our places in 'councils' of many kinds. If you find yourself reading this, then Yggdrasil may well be calling you.

Being on the Council will provide you with additional opportunities to serve on one or more working committees, help develop future workshops, participate in our Dream Council, and/or train to become a Yggdrasil Mentor, and begin in earnest the quest for a physical location. Assuming that we find enough paid people to make a workshop happen, Talking Council members can attend for free.

In return, we ask for a one-year commitment – which entails a two-hour Skype meeting each month, plus any additional committee work you chose to do. Talking Council members are also expected to help promote workshops, and in general to help us spread the word about what we are doing to friends, acquaintances, clients, students, colleagues, and anyone else we think might benefit or be interested.

If Yggdrasil is calling to you, then you can join the Council by going to our website and following the instructions as you work your way down Our Talking Council page.



Circle of Life - Black Elk, Oglala Sioux

Everything the Power of the World does is done in a circle. The sky is round, and I have heard that the earth is round like a ball and so are all the stars. The wind, in its greatest power, whirls. Birds make their nests in circles, for theirs is the same religion as ours. The sun comes forth and goes down again in a circle. The moon does the same, and both are round. Even the seasons form a great circle in their changing and always come back where they were. The life of a man is a circle from childhood to childhood, and so it is in everything where power moves.





Our Standing Invitation to You

If you want to stay in closer touch with what we are doing, you can easily subscribe to <u>our blog</u> <u>feed</u>, like us on <u>Facebook</u>, follow us on <u>Twitter</u>, make a <u>donation</u>, attend a <u>workshop</u>, or find a <u>mentor</u>. Or if you want to be a part of this exciting venture, <u>join the Talking Council</u>.

Whatever your level of interest, thanks for being part of our extended community and for helping us hold a space for the vision we carry.

Yggdrasil is a mystery school for visionary contrarians and a forest retreat for souls reinventing themselves, eventually to be housed within a self-sustaining eco-village community.

Keep an eye out for the next *Talking Leaves* – Autumn Equinox 2016 Contributions in the spirit of Yggdrasil are welcome by September 15.

